

CASEY J. TOTENHAGEN
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Human Development and Family Studies
College of Human Environmental Sciences
University of Alabama

EDUCATION

- Ph.D. 2011 Family Studies and Human Development
The University of Arizona
Dissertation: *Daily Processes in Romantic Relationships*
Advisor: Dr. Melissa Curran
- M.S. 2007 Family Studies and Human Development
The University of Arizona
Thesis: *Sexual and Relationship Satisfaction in Gay and Lesbian
Couples: The Roles of Daily Stress and Closeness*
Advisor: Dr. Carl Ridley
- B.S. 2004 Child Development and Family Science (with Honors)
North Dakota State University

EMPLOYMENT

- 2013-Present Assistant Professor, Human Development and Family Studies Department,
The University of Alabama.
- 2011-2013 Research Scientist, Arizona Center for Research and Outreach (AZ REACH),
Family and Consumer Sciences Extension, The University of Arizona.
- 2007-2011 Graduate Research and Teaching Associate, Family Studies and Human
Development, The University of Arizona.
- 2005-2007 Graduate Research and Teaching Assistant, Family Studies and Human
Development, The University of Arizona.

HONORS AND AWARDS

- 2018 Outstanding Commitment to Advising Award, UA (Nominated)
- 2017 Recognition of Mentorship of 6th Place winner in CHES, Alejandra Betancourt
Undergraduate Research and Creative Activity Day
- 2016 Outstanding Commitment to Advising Award, UA (Nominated)
- 2016 Best Abstract by a Student or New Professional Award
National Council on Family Relations, Research and Theory Section
- 2016 Recognition of Mentorship of 3rd Place winner in CHES, Natalie Smith
Undergraduate Research and Creative Activity Day
- 2015 Recognition of Mentorship of 4th Place winner in CHES, Loren Schouest
Undergraduate Research and Creative Activity Day
- 2015 Best Abstract by a Student or New Professional Award

- 2015 National Council on Family Relations, Research and Theory Section
(my graduate student, Ashley Cooper, was recipient of this award as first author)
Issues in Aging Focus Groups Award
National Council on Family Relations
Awarded to a symposium for which I served as Discussant
- 2012 McNair Scholars Program Achiever Award from North Dakota State University
- 2009 Outstanding Teaching Assistant in the Norton School of Family and Consumer
Sciences, University of Arizona
- 2006-2007 Graduate College Fellowship, University of Arizona

PUBLICATIONS

***Name Change from Murrish to Totenhagen in 2005.**

^GDenotes graduate student collaborators (only marked after completion of Dr. Totenhagen's PhD; includes those who were graduate students at time the work was first submitted).

^UDenotes undergraduate student collaborators (at the time the work was first submitted)

Manuscripts Published in Peer-Reviewed Journals

^UMeek, N. A., **Totenhagen, C. J.**, Hawkins, S. A., & Borden, L. M. (in press). Staying connected on the home front: Communication and well-being of civilian spouses during deployment. *Journal of Family Studies*. doi: 10.1080/13229400.2016.1248856

Totenhagen, C. J. & Albright, D. L. (in press). Military and veteran-connected families: Advances in theory and methodology. *Journal of Family Theory and Review*. doi: 10.1111/jftr.12285

*Introduction to the special issue, guest-edited by myself and Dr. Albright.

Totenhagen, C. J., Wilmarth, M. J., Serido, J., & ^UBetancourt, A. E. (2018). Do day-to-day finances play a role in relationship satisfaction? A dyadic investigation. *Journal of Family Psychology*, 32(4), 528-537. doi: 10.1037/fam0000406

Totenhagen, C. J., Randall, A. K., & ^GLloyd, K. (2018). Stress and relationship functioning in same-sex couples: The vulnerabilities of internalized homophobia and outness. *Family Relations*, 67(3), 399-413. doi: 10.1111/fare.12311

^GCooper, A., **Totenhagen, C. J.**, ^GMcDaniel, B. T., & Curran, M. A. (2018). Volatility in daily relationship quality: The roles of attachment and gender. *Journal of Social and Personal Relationships*, 35(3), 348-371. doi: 10.1177/0265407517690038

Randall, A. K., ^GTao, C., **Totenhagen, C. J.**, ^GWalsh, K. J., & ^GCooper, A. (2017). Associations between sexual orientation discrimination and depression among same-sex couples: Moderating effects of dyadic coping. *Journal of Couple and Relationship Therapy*, 16(4), 325-345. doi: 10.1080/15332691.2016.1253520

^GCooper, A., **Totenhagen, C. J.**, Curran, M. A., Randall, A. K., & ^USmith, N. E. (2017). Daily relationship quality in same-sex couples: Attachment and sacrifice motives. *Evolutionary Behavioral Sciences*, 11(2), 146-160. doi: 10.1037/ebs0000089

*Selected for Special Issue on Committed Romantic Relationships

Totenhagen, C. J., Randall, A. K., ^GCooper, A., ^GTao, C., & ^GWalsh, K. J. (2017). Stress spillover and crossover in same-sex couples: Concurrent and lagged daily effects. *Journal of GLBT Family Studies*, *31*(3), 236-256. doi: 10.1080/1550428X.2016.1203273

Randall, A. K., **Totenhagen, C. J.**, ^GWalsh, K. J., ^GAdams, C. A., ^GTao, C. (2017). Coping with workplace minority stress: Associations between dyadic coping and anxiety among women in same-sex relationships. *Journal of Lesbian Studies*, *21*(1), 70-87. doi: 10.1080/10894160.2016.1142353

***1st and 2nd author contributed equally and are listed in alphabetical order.

Totenhagen, C. J., Hawkins, S. A., Casper, D. M., Bosch, L. A., ^GHawkey, K. R., & Borden, L. M. (2016). Retaining early childhood education workers: A review of the empirical literature. *Journal of Research in Childhood Education*, *30*, 585-599. doi: 10.1080/02568543.2016.1214652

Totenhagen, C. J., Butler, E. A., Curran, M. A., & Serido, J. (2016). The calm after the storm: Relationship length as associated with couples' daily variability. *Journal of Social and Personal Relationships*, *33*, 768-791. doi: 10.1177/0265407515597562

Curran, M., Burke, T. J., Young, V., & **Totenhagen, C.** (2016). Relational sacrifices about intimate behavior and relationship quality for expectant cohabitators. *Marriage and Family Review*, *52*, 442-460. doi: 10.1080/01494929.2015.1113225

Curran, M. A., ^GMcDaniel, B. T., ^GPollitt, A. M., & **Totenhagen, C. J.** (2015). Gender, emotion work, and relationship quality: A daily diary study. *Sex Roles*, *73*, 157-173. doi: 10.1007/s11199-015-0495-8

*Selected for special issue on Feminist Perspectives on Family Relationships

Totenhagen, C. J., Casper, D. M., ^GFaber, K. M., Bosch, L. A., ^GWiggs, C. B., & Borden, L. M. (2015). Youth financial literacy: A review of key considerations and promising delivery methods. *Journal of Family and Economic Issues*, *36*, 167-191. doi: 10.1007/s10834-014-9397-0

^GMuraco, J. A., **Totenhagen, C. J.**, ^GCorkery, S. A., & Curran, M. A. (2014). Reflections on family science education: The importance of technology, experience, and diversity in the classroom. *Family Science Review*, *19*, 40-49.

Totenhagen, C. J., Curran, M. A., Serido, J., & Butler, E. A. (2013). Good days, bad days: Do sacrifices improve relationship quality? *Journal of Social and Personal Relationships*, *30*, 881-900. doi: 10.1177/0265407512472475

Young, V., Curran, M. & **Totenhagen, C.** (2013). A daily diary study: Working to change the relationship and relational uncertainty in understanding positive relationship quality.

Journal of Social and Personal Relationships, 30, 132-148. doi:
10.1177/0265407512453826

Totenhagen, C. J., Serido, J., Curran, M. A., & Butler, E. A. (2012). Daily hassles and uplifts: A diary study on understanding relationship quality. *Journal of Family Psychology*, 26, 719-728. doi: 10.1037/a0029628

Totenhagen, C. J., Butler, E. A., & Ridley, C. A. (2012). Daily stress, closeness, and satisfaction in gay and lesbian couples. *Personal Relationships*, 19, 219-233. doi: 10.1111/j.1475-6811.2011.01349.x

Totenhagen, C. J. & Curran, M. A. (2011). Daily hassles, sacrifices, and relationship quality for pregnant cohabitators. *Family Science*, 2, 68-72. doi: 10.1080/19424620.2011.597101

Curran, M., **Totenhagen, C.**, & Serido, J. (2010). How resources (or lack thereof) influence advice seeking on psychological well-being and marital risk: Testing pathways of the lack of financial stability, support, and strain. *Journal of Adult Development*, 17, 44-56. doi: 10.1007/s10804-009-9077-8

Ridley, C. A., Ogolsky, B. G., Gargle, P. B., **Totenhagen, C. J.**, & Cate, R. M. (2008). Sexual expression: Its emotional context in heterosexual, gay, and lesbian couples. *The Journal of Sex Research*, 45, 305-314. doi: 10.1080/00224490802204449

Manuscripts Under Review and in Process

^GCooper, A. N., ^GTao, C., **Totenhagen, C. J.**, Randall, A. K., & Holley, S. (under review) *Emotion regulation and daily stress in same-sex couples.*

^GPeters, C., **Totenhagen, C. J.**, Casper, D. M., & Thoma, S. A. (in preparation). *Do Altruistic Acts in Emerging Adults Translate to a Willingness to Forgive?*

Totenhagen, C. J., Wilmarth, M. J., Serido, J., & Shim, S. (in preparation). Does financial literacy matter?: Pathways to Improved relationships

Book Chapters, Encyclopedia Entries, and Other Publications

^GTao, C., Randall, A. K., & **Totenhagen, C. J.** (accepted). Family reactions to partner stress and depression in same-sex couples: A dyadic examination of the moderating effects of dyadic coping. In J. A. Theiss & K. L. Green (Eds.), *Contemporary Studies of Relationships, Health, and Wellness*, Cambridge University Press.

Totenhagen, C. J. (2017). Stress and Hassles. In A.E. Wenzel (Ed.), *SAGE Encyclopedia of Abnormal and Clinical Psychology* (p. 1606). Thousand Oaks, CA: SAGE Publications. doi: 10.4135/9781483365817.n655

- Totenhagen, C. J.** (2016). A review of Couples Coping with Stress: A Cross-Cultural Perspective. *Relationship Research News: Official News Journal of the International Association for Relationship Research*, 15(6), 21-23.
- Totenhagen, C. J.** (2016). Junior Spotlight. *Relationship Research News: Official News Journal of the International Association for Relationship Research*, 15(1), 5-6.
- Curran, M., **Totenhagen, C.**, & Serido, J. (2014). Psychological well-being, marital risk, and advice seeking. In Michalos, A. C. (Ed.), *Encyclopedia of Quality of Life and Well-Being Research* (pp. 5177-5179). Dordrecht, Netherlands: Springer.
- Totenhagen, C. J.**, Hawkins, S. A., Bosch, L., Casper, D., ^GFaber, K. M., Hawkey, K. R., ^GWiggs, C. B., & Borden, L. M. (2013). *Integrated Social Service Delivery: Applications for Military Family Readiness Programs*. Reported submitted to the U.S. Department of Defense, May, 2013.
- Totenhagen, C.**, Casper, D., Bosch, L., Arias, W., ^GFaber, K. M., Hawkey, K. R., Jones, A., Wiggs, C. B., & Borden, L. (2013). *Financial Readiness for Youth*. Report submitted to the U.S. Department of Defense, February, 2013.
- Hawkins, S. A., Koch, B., Bosch, L., Casper, D. M., **Totenhagen, C.**, Schlomer, G., Arias, W., Wiggs, C. B., & Borden, L. M. (2012). *Putting research to work: 23 short research briefs developed for the Department of Defense*. Washington, D. C. Retrieved from <http://reachmilitaryfamilies.arizona.edu>
- Hawkins, S., **Totenhagen, C.**, Arias, W., Schlomer, G., Koch, B., Wiggs, C. Bosch, L., Casper, D., Fletcher, S., Langbert, L., ^USpaeth, J., & Borden, L. (2012). *Child Care: A Review of Cost, Availability, and Quality*. Report prepared by the Arizona Center for Research and Outreach, March, 2012.
- Totenhagen, C.**, Hawkins, S., Casper, D., Wiggs, C., Hawkey, K., Bosch, L., Koch, B., Langbert, L., Jones, A., Fletcher, S., & Borden, L. (2012). *Issues Facing the Child Care Workforce: Motivations for Entry and Retention in the Field*. Report submitted to the U.S. Department of Defense, September, 2012.
- Randall, B., Rotenberg, K. J., **Totenhagen, C. J.**, Rock, M., & Harmon, C. (2010). A new scale for the assessment of adolescents' trust beliefs. In Rotenberg, K. J. (Ed.), *Interpersonal Trust During Childhood and Adolescence*, Cambridge, UK: Cambridge University Press.
- Serido, J., & **Totenhagen, C. J.** (2008). Stressors in adulthood. In D. Carr, R. Crosnoe, M. E. Hughes & A. Pienta (Eds.), *Encyclopedia of the Life Course and Human Development*. Farmington Hills, MI: Gale Publishing.
- Murrish, C. J.*** (2005). Undergraduates' attitudes toward the roles of working married men and women. *McNair Scholars Research Journal, North Dakota State University*, 6, 12-15.

SCHOLARLY PRESENTATIONS

Peer-Reviewed Presentations

Totenhagen, C. J., Wilmarth, M. J., Serido, J., & Shim, S. (accepted). Does financial literacy matter?: Pathways to Improved relationships. In M. A. Curran & E. Parrott (Chairs), *Finances and Romantic Relationships*. Presentation as part of a poster symposium at the 2018 National Council on Family Relations, San Diego, CA.

Randall, A. K., **Totenhagen, C. J.**, ^GAmick, M., ^UBetancourt, A., ^UBundesman, C., ^GLau, K. H., & ^GMesserschmitt, S. (accepted). *Dyadic management of depression in female same-sex couples*. Poster to be presented at the 2018 Gay and Lesbian Medical Association Conference, Las Vegas, NV.

*Student coauthors listed in alphabetical order.

Totenhagen, C. J., ^UBetancourt, A. E., Curran, M. A., Randall, A. K., & Wilmarth, M. W. (2018, July). *A daily diary study of sacrifices and commitment: Testing direction of effects*. Paper to be presented at the International Association for Relationship Research Conference, Fort Collins, CO.

*Coauthors are listed in alphabetical order.

Totenhagen, C. J., Wilmarth, M. J., Serido, J., & ^UBetancourt, A. (2017, November). *Daily fluctuations in financial satisfaction and stress: Associations with relationship satisfaction*. Poster presented at the National Council on Family Relations, Orlando, FL.

Rauer, A. (session organizer and chair)(2017, November). *“A very long hike”: Relationship processes across the life course*. Symposium presented to National Council on Family Relations, Orlando, FL.

Discussant: **Casey Totenhagen**.

^GBorders, J. I., Randall, A. K., & **Totenhagen, C. J.** (2017, January). *The Role of Dyadic Coping for Same-Sex Couples coping with Stress: An Empirical Review*. Poster presented at the 7th Dyadic Coping Conference, Milan, Italy.

Totenhagen, C. J., Randall, A. K., & ^GLloyd, K. (2016, November). *Stress and relationship quality: Vulnerabilities in same-sex couples*. Poster presented at the National Council on Family Relations, Minneapolis, MN.

*****Selected for Best Abstract by a Student or New Professional Award, Research & Theory Section.**

^GCooper, A. C., **Totenhagen, C. J.**, Randall, A. K., Holley, S. R., & ^GTao, C. (2016, November). *Daily stress and relationship quality: The role of emotion regulation*. Paper presented at the National Council on Family Relations, Minneapolis, MN.

Wilmarth, M. J., **Totenhagen, C. J.**, & Randall, A. K. (2016, November). Financial strain and relationship quality: The role of dyadic coping. In M. A. Curran & J. S. Serido (Chairs), *What Happens in Romantic Relationships when Money is Tight?* Poster presented as part of a symposium at the National Council on Family Relations, Minneapolis, MN.

- ^GTao, C., Randall, A. K., & **Totenhagen, C. J.** (2016, August). *Daily Minority Stress Spillover and Crossover in Same-Sex Couples*. Symposium talk presented to the 2016 American Psychological Association Annual Convention, Division 17 Society of Counseling Psychology, Denver, CO.
- ^GLau, K. K. H., ^GTao, C., Randall, A. K., **Totenhagen, C. J.**, & Holley, S. R. (2016, July). *Associations between Minority Stress and Demand-Withdraw Communication Patterns: Moderating Effects of Supportive Dyadic Coping in Same-Sex Couples*. Poster presented at the International Association for Relationship Research Conference, Toronto, Canada.
- ^USmith, N. E., ^GLloyd, K., **Totenhagen, C. J.**, & Randall, A. K. (2016, July). *The effects of depression on same-sex relationships and the role of dyadic coping*. Poster presented at the International Association for Relationship Research Conference, Toronto, Canada.
- ^GDimberg, S. K., ^GTao, C., Randall, A. K., Muraco, J., & **Totenhagen, C. J.** (2016, May). *Same-Sex Couples' Public Display of Affection: Do We-Ness and Sexual Minority Stress Matter?* Poster presented at the Annual LGBT Research Symposium, Champaign, IL.
- ^GBorders, J. I., ^GTao, C., ^GWalsh, K. J., Randall, A. K., & **Totenhagen, C. J.** (2016, January). *Effects of Dyadic Coping on the Association between Acute External Stress and Relationship Quality in Same-Sex Couples*. Poster presented at the 17th Society for Personality and Social Psychology Annual Convention, San Diego, CA.
- ^GTao, C., ^GBorders, J. I., ^GWalsh, K. J., Randall, A. K., & **Totenhagen, C. J.** (2016, January). *Moderating Effects of Dyadic Coping on the Stress Spillover Process and Negative Emotions in Same-Sex Relationships*. Poster presented at the 17th Society for Personality and Social Psychology Annual Convention, San Diego, CA.
- Totenhagen, C. J.**, Randall, A. K., ^GCooper, A., ^UJones, N., & ^USchouest, L. (2015, November). *Stress spill-over in same-sex couples: Concurrent and lagged daily effects*. Paper presented at the National Council on Family Relations, Vancouver, Canada.
- ^GCooper, A., **Totenhagen, C. J.**, Curran, M. A., Randall, A. K., ^USmith, N. E. (2015, November). *Daily relationship quality in same-sex couples: Attachment and sacrifices*. Poster presented at the National Council on Family Relations, Vancouver, Canada.
*****Selected for Best Abstract by a Student or New Professional Award, Research & Theory Section.**
- ^GTao, C., ^GWalsh, K. J., Randall, A. K., & **Totenhagen, C. J.** (2015, November). *Same-sex couples' anxiety: Effects of dyadic coping and interracial status*. Paper presented at the National Council on Family Relations, Vancouver, Canada.
- Kamp Dush, C. M & Rauer, A. (session organizers)(2015, November). *A developmental perspective on couples in conflict*. Symposium presented at the National Council on Family Relations, Vancouver, Canada.

Discussant: **Casey Totenhagen.**

*****Selected for the Issues in Aging Focus Group Award**

- ^GTao, C., ^GWalsh, K. J., ^GHowell, M. C., Randall, A. K., & **Totenhagen, C. J.** (2015, August). *Effects of internal stress on depression in same-sex couples: Moderating effects of dyadic coping.* Poster presented at the annual meeting of American Psychological Association, Toronto, Canada.
- ^GWalsh, K. J., ^GTao, C., ^GHowell, M., Randall, A. K., & **Totenhagen, C. J.** (2015, August). *Outside in: Spillover effects of external stress on internal stress in same-sex relationships.* Poster presented at the annual meeting of American Psychological Association, Toronto, Canada.
- ^GBorders, J. I., ^GTao, C., ^GWalsh, K., Randall, A. K., & **Totenhagen, C.** (2015, August). *Negative Effects of Internalized Homophobia on the Relation between Dyadic Coping and Relationship Satisfaction in Same-Sex Couples.* Poster presented at the Society of Counseling Psychology (APA Division 17) Student Poster Session, Toronto, CA.
- Randall, A.K., **Totenhagen, C. J.**, & ^GWalsh, K. J., ^GAdams, C., & ^GTao, C. (2015, June). *Coping with workplace minority stress: Associations between supportive dyadic coping and anxiety in lesbian couples.* Paper at the International Association for Relationship Research Mini-Conference, New Brunswick, NJ.
- ^GTao, C., ^GWalsh, K. J., ^GHowell, M., Randall, A.K., **Totenhagen, C. J.**, & Holley, S. R. (2015, June). *Supportive dyadic coping moderates negative effects of gay-related stress and difficulties in emotion regulation in same-sex couples.* Paper presented at the International Association for Relationship Research Mini-Conference. New Brunswick, NJ.
- Holley, S. R., ^GWagner, S., Randall, A. K., & **Totenhagen, C.** (2015, February). *The relationship between emotion regulation skills and dyadic coping.* Poster presented at the Society for Personality and Social Psychology Annual Convention, Long Beach, CA.
- ^UBragg, A., ^GCooper, A. N., **Totenhagen, C. J.**, Wilmarth, M. J., & Randall, A. K. (2015, February). *Examining sources of stress in same-sex parents.* Paper presented at the Alabama Association of Family & Consumer Sciences, Hoover, AL.
- Totenhagen, C. J.**, Randall, A. K., ^GCooper, A., ^GAdams, C. B., Ferreras, D. C., ^GHowell, M., & ^GWalsh, K. J. (2014, November). *It's OUTside our relationship: Effects of outness on stress in same-sex relationships.* Paper presented at National Council on Family Relations, Baltimore, MD.
- ^GCooper, A., ^GMcDaniel, B., **Totenhagen, C.**, & Curran, M. (2014, November). *Volatility in Daily Relationship Quality: The role of attachment.* Poster presented at National Council on Family Relations, Baltimore, MD.

- Burke, T., Young, V., **Totenhagen, C.**, & Curran, M. (2014, November). *Relational Sacrifices about Intimate Behavior and Relationship Quality for Expectant Cohabitors*. Paper presented at the National Communication Association 2014 Conference, Chicago, IL.
- Totenhagen, C. J.**, Casper, D. M., ^GWiggs, C. B., & Borden, L. (2013, November). *Youth financial literacy: Best practices*. Poster presented at the National Council on Family Relations, San Antonio, TX.
- Casper, D. M., **Totenhagen, C. J.**, ^GWiggs, C. B., & Borden, L. (2013, November). *Youth financial literacy: Evidence-based programs and effective delivery methods*. Poster presented at National Council on Family Relations, San Antonio, TX.
- ^UTolhurst, N., **Totenhagen, C.**, Hawkins, S. A., & Borden, L. (2013, November). Communication and well-being during deployment: Curvilinear associations. In S. A. Hawkins (Chair), *Resilience, Communication, Coping, and Support in Today's Military Families*. Paper presented in a symposium at National Council on Family Relations, San Antonio, TX.
*** I served as presenter for this paper as well as the discussant for the overall symposium.
- ^GMuraco, J., **Totenhagen, C. J.**, & Curran, M. A. (2013, November). *Preferences: A Daily Study of Couple Shared Activities and Satisfaction*. Poster presented at the National Council on Family Relations, San Antonio, TX.
- Totenhagen, C. J.**, & Curran, M. A. (2013, October). *Did my Partner Notice? Daily Sacrifices and Commitment*. Paper presented at the International Association for Relationship Research Mini-Conference, Louisville, KY.
- Totenhagen, C. J.**, Hawkins, S. A., Arias, W., & Borden, L. (2012, November). *Employer-Sponsored Child Care Benefits and Employee Outcomes*. Poster presented at the National Council on Family Relations, Phoenix, AZ.
- Totenhagen, C.**, Curran, M., & Young, V. (2012, November). *Relational Sacrifices and Commitment: A Daily Diary Study*. Poster presented at the National Council on Family Relations, Phoenix, AZ.
- Totenhagen, C.**, Katz, M. Butler, E., & Curran, M. (2011, November). *Daily variability in relational experiences*. Paper presented at the National Council on Family Relations, Orlando, FL.
- Totenhagen, C.**, Curran, M., & Butler, E. (2010, November). *Daily hassles, sacrifices, and relationship quality in pregnant cohabitators*. Poster presented at the National Council on Family Relations, Minneapolis, MN.

- Curran, M., Young, V., **Totenhagen, C.**, & Corkery, S. (2009, November). *Comparison of relational sacrifices across relationship stages*. Poster presented at The National Council on Family Relations, San Francisco, CA.
- Randall, B. A., Rotenberg, K. J., **Totenhagen, C. J.**, Rock, M., & Harmon, C. (2009, April). *Late adolescents' trust in mothers and fathers: Associations with family processes*. Poster presented in the symposium "When aspects of trust collide: Multi-national research on discrepancies in trust" at the Society for Research in Child Development Biennial Meeting, Denver: CO.
- Totenhagen, C. J.**, Ridley, C. A., & Butler, E. A. (2008, July). *The daily interplay of stress, closeness, and relationship satisfaction in gay and lesbian couples*. Paper presented at the International Association for Relationship Research Conference, Providence, RI.
- Ridley, C. A., Gargle, P. B., & **Totenhagen, C. J.** (2008, July). *How do we make it work?: Daily co-occurrence of conflict and sex in same-sex couples*. Paper presented at the International Association for Relationship Research Conference, Providence, RI.
- Curran, M. A., & **Totenhagen, C.** (2007, November). *Support and strain from the spouse, family, and friends: Predictions to advice seeking and mental and physical health for those with low finances*. Paper presented at the National Council on Family Relations, Pittsburg, PA.
- Totenhagen, C. J.**, Ogolsky, B. G., Cate, R., Ridley, C. A. (2006, November). *The role of sexual communication in gay and lesbian relationships*. Poster presented at the National Council on Family Relations Annual Conference, Phoenix, AZ.
- Ridley, C., Ogolsky, B., **Totenhagen, C.**, & Gargle, P. (2006, July). *Is it good when it's bad?: The effects of negative feelings on sexual expression*. Paper presented at the biannual meeting of the International Association for Relationship Research, Rethymnon, Crete, Greece.

Invited and Non Peer-Reviewed Presentations

- ^UBundesman, C., & **Totenhagen, C. J.** (2018, March). *Depression and intimacy among women in same-sex relationships*. Poster Presented at the Undergraduate Research and Creative Activity Conference, Tuscaloosa, AL.
- Totenhagen, C. J. (2018, February). *Healthy relationships under stress*. Invited presentation to Project Health at the University of Alabama.
- Randall, A. K., & **Totenhagen, C. J.** (2017, November). "My stress is our stress:" *Understanding same-sex couples' stress and coping*. Symposium paper presented at the 47th meeting of the Psychological Society of Ireland. Limerick, Ireland.

- ^UBetancourt, A., & **Totenhagen, C. J.** (2017, March). *Gender differences in daily sacrifices among heterosexual couples*. Poster presented at the Undergraduate Research and Creative Activity Conference, Tuscaloosa, AL.
*****6th Place winner in CHES**
- ^USmith, N. E., & **Totenhagen, C. J.** (2016, March). *Depression and dyadic coping within same-sex couples*. Poster presented at the Undergraduate Research and Creative Activity Day, Tuscaloosa, AL.
*****3rd Place winner in CHES**
- Randall, A.K., ^GTao, C. & **Totenhagen, C. J.** (July, 2015). *Interpersonal emotion dynamics of same-sex couples in the U.S. experiencing stress*. Symposium paper presented at the annual meeting of the European Congress of Psychology, Milan, Italy.
- ^USchouest, L., & **Totenhagen, C. J.** (2015, April). *Daily stressors of same-sex couples*. Poster presented at the Undergraduate Research and Creative Activity Day, Tuscaloosa, AL.
*****4th Place winner in CHES**
- Totenhagen, C. J.** (2015, March). *Stress and romantic relationships: Where I've been and ideas for moving forward*. Invited presentation to the Alabama Research Institute on Aging at the University of Alabama.
- Totenhagen, C. J.** (2014, November). *Stress and Romantic Relationships: Eroding and Protecting Factors in Daily Experiences*. Invited colloquium presented to the Department of Human and Community Development at the University of Illinois at Urbana-Champaign.
- Fletcher, S., Hawkey, K., **Totenhagen, C.**, Jones, A., Dean, T., Simpson, W., Wiggs, C. B., & Borden, L. (2012, August). AZ REACH: Building capacity through research, outreach, and technology. Poster presented at the 2012 University of Arizona College of Agriculture and Life Sciences Extension Conference, Tucson, AZ.
- Totenhagen, C. J.** (2007, May). *Sexual and relationship satisfaction in gay and lesbian couples: The roles of daily stress and closeness*. Paper presented to Health, Emotions, and Relationships, University of Arizona, Tucson, Arizona.
- Murrish, C. J.**,* Randall, B.A., & Lang, A. (2004, May). *The links between multiple relationships and types of adolescent competence*. Paper and poster presented at the McNair Program Research Presentations Forum at North Dakota State University, Fargo, ND.
- Murrish, C. J.*** (2003, April). *Undergraduates' attitudes toward the roles of working men and women*. Paper presented at the McNair Program Research Presentations Forum at North Dakota State University, Fargo, ND.

Murrish, C. J.* (2003, August). *Undergraduates' attitudes toward the household roles of working men and women*. Poster presented at the Ronald E. McNair Research Conference, Pennsylvania State University, University Park, PA.

GRANTS AND FUNDING

Funded Projects

Dyadic management of depression* in lesbian couples. (funded). *Lesbian Health Fund of the Gay and Lesbian Medical Association*. PI Ashley K. Randall (Arizona State University), Co-PI **Casey J. Totenhagen** (University of Alabama). Total Award \$10,000. 5/2016-4/2019; Currently in a No-cost Extension.

*This project was originally about chronic pain, and was revised to depression in 2017 in consultation with the funder

Effects of daily stress on same-sex relationships: Understanding vulnerabilities, resilience, and dyadic coping (funded). *National Council on Family Relations Innovation Grant*. Total Award \$9,853. PIs **Casey J. Totenhagen** (University of Alabama) & Ashley K. Randall (Arizona State University). 11/2013-11/2014.

Unfunded Proposals

Why financial literacy matters: Pathways to improved relationships (submitted August 2017; not funded). *Arizona Pathways to Life Success (APLUS) Research Award*. PIs **Casey J. Totenhagen** & Melissa J. Wilmarth. Total Award \$10,000.

Increasing knowledge of child development and enhancing school readiness: Training models for 0-PreK teachers, directors, and parents/families (submitted 2015; not funded). *Submitted to the Administration for Children and Families in response to a National Center on Early Childhood Development, Teaching, and Learning*. PI Maria Hernandez-Reif. **Casey J. Totenhagen** (5% effort in Year 1; Diversity in Families and Learning Strategies and Assessments working groups; Total requested \$13,999,999).

Travel Awards

2016	Capstone International Center Faculty Travel Award
2010	Graduate and Professional Student Council Travel Award
2010	Department of Family Studies and Human Development Travel Award
2008	Graduate and Professional Student Council Travel Award
2008	Department of Family Studies and Human Development Travel Award
2006	Department of Family Studies and Human Development Travel Award

TEACHING CREDENTIALS AND EXPERIENCE

Certificate in College Teaching

Completed Fall 2008. Involved coursework in learner-centered teaching with special emphasis in college-level teaching, as well as supervised teaching (e.g., observations and feedback by staff at the University Teaching Center and faculty from my department). This teaching certificate was awarded through the additional classes I took as part of my College Level Teaching minor.

Undergraduate Teaching Experience at the University of Alabama

Fall/Spring 2013-2018 HD 472: Program Evaluation
 Fall 2014-2017 HD 462: Interpersonal Relationships

Graduate Teaching Experience at the University of Alabama

Spring 2014 HD 591: Special Problems in Program Evaluation
 Spring 2015-2018 HD 561: Family Theories

Teaching Experience at the University of Arizona

Summers 2007-2010 Dynamics of Family Relations (FSHD 257/337)
 Summers 2007-2008 Lifespan Family Relations (FSHD 137)

MENTORSHIP OF STUDENTS

Master's Theses (Chair)

Lou Bustos, TBD

Candace Peters (Summer 2017): "Do Altruistic Acts in Emerging Adults Translate to a Willingness to Forgive?"

Master's Theses (Committee Member)

Grace Meyer (Spring 2017): "Adult Children Caregivers of Parents with Alzheimer's Dementia"

Shakira Savage (Fall 2016): "What not to swear: How do children learn bad words?"

Informal Undergraduate Research Mentorship (Participated in my Research Lab)

Caroline Bundesman, 2017-Present

Alejandra Betancourt, 2016-Present

*Placed 6th in HES at 2017 Undergraduate Research and Creative Activity Day

Natalie Smith, 2015-2016

*Placed 3rd in HES at 2016 Undergraduate Research and Creative Activity Day

Nakia Jones, 2015-2016

Loren Schouest, 2014-2015

*Placed 4th in HES at 2015 Undergraduate Research and Creative Activity Day

Caroline Adams, 2014 (Continued collaboration beyond as a graduate student elsewhere)

Emily Burlison, 2014 (Honors by Contract)

Kate Kauffman, 2014

Ashley Bragg, 2013-2014

Informal Graduate Research Mentorship (Participated in my Research Lab)

Matthew Amick, 2017-Present

Kaila McCarthy, 2016-2017

Kayla Lloyd, 2015-2018

Ashley (Loving) Cooper, 2013-2015 (Continued collaboration during PhD program elsewhere)

SERVICE AND MEMBERSHIPS

Service to the Profession

2018-Present Editorial Board

Journal of Family Theory and Review

- 2017-Present Associate Editor
Journal of Social and Personal Relationships
- 2016-Present Editorial Board
Journal of Family Psychology
- 2016-2018 Guest Editor
Journal of Family Theory & Review
Special issue: “Military/Veteran-Connected Families: Advances in Theory & Methodology”
- 2016-Present Associate Editor
Relationship Research News: Official News Journal of the International Association for Relationship Research
- 2015-2016 Associate Designated Campus Colleague (DCC)
Family and Consumer Sciences, The University of Arizona
- 2013-2016 Planning Committee (2014-2015) and Co-Chair (2015-2016) of Families and Children theme-track.
Service Member to Civilian National Summit.
- 2012-Present National Council on Family Relations conference proposal reviewer.
Advancing Family Science and Research and Theory sections.

Ad Hoc Reviews

- Journal of Family Psychology*
Journal of Marriage & Family
Personal Relationships
Journal of Social and Personal Relationships
Emotion
Journal of Family Issues
Marriage & Family Review
Journal of GLBT Family Studies
Journal of Family Theory and Review

Service to the University of Alabama

- 2017-Present Legacy Scholars Mentor. As a first-generation college student, I volunteer as a mentor in this program to current first generation college students on campus.
- 2013-Present SafeZone Ally. Completed training October 16th, 2013 and continue to serve as an ally for LGBTQ students on the UA campus.

Service to the College of Human Environmental Studies

2013-Present Productive Research and Scholarly Activity: Research Committee, member.

Service to the Department of Human Development and Family Studies

2016-2017 Search Committee for HDFS Department Chair, member
 2013-Present Assessment and Curriculum Working Group, member
 2014-2016 Strategic Plan Working Group, member
 2013-Present Associate Member of the Graduate Faculty
 2013-2016 UA Children's Program Parent Advisory Committee, member

Memberships

2008-Present International Association for Relationship Research
 2005-Present National Council on Family Relations
 2014-Present Faculty Associate, Center for Mental Health and Aging/Alabama Research Institute on Aging (UA)
 2015-2016 American Association of Family and Consumer Sciences
 2012-2015 Society for Personality and Social Psychology
 2012-2015 Social Psychology Network

WORKSHOPS, SEMINARS, AND TRAININGS ATTENDED

Writing and Obtaining Grants

How to Speak to a Program Officer. Faculty workshop facilitated by Dr. John Higginbotham through the Office of the Vice President for Research and Economic Development. October 9th, 2015.

Applying to the NIH. Workshop facilitated by Elizabeth B. Robertson through the College of Human Environmental Sciences. March 11th, 2015.

RGC Training Workshop. Workshop Facilitated through Office of the Vice President for Research and Economic Development. December 18th, 2014.

Junior Investigators Program. Bi-weekly workshop series and mentorship program on writing and obtaining NIH grants. 2013/2014

NIH Grant Writing 101. Workshop facilitated by Steven M. Kogan at the 2013 National Council on Family Relations annual conference. November 8th, 2013.

Identifying Funding Opportunities. Workshop Facilitated by OSP at UA. September 26th, 2013.

Teaching Development

Using Tegrity in Blackboard. Workshop facilitated by Kevin Halbrook of the Faculty Resource Center. October 20th, 2017.

Lunch and Learn: Measuring Teaching Effectiveness. Workshop facilitated by Mary Kay Meyer and Caroline Fulmer of CHES. September 27th, 2017

Faculty Innovation Workshop: Online Teaching. Workshop facilitated by the Innovation Team of the College of Continuing Studies. September 22nd, 2017.

Sneaking Diversity into the Classroom. Workshop facilitated by Chris Roberts and Mary Virginia Ireland through the Office of Academic Affairs. February 16th, 2017.

Communication Features in Blackboard. Webinar facilitated by Rick Dowling through the Faculty Resource Center. March 2nd, 2016.

Zap the Boring! Gamification principles to increase engagement and retention. Webinar facilitated by Dr. Cheri Kittrell through McGraw-Hill Education. October 1st, 2015.

EAB Student Success Collaborative. Workshop facilitated by EAB Student Success Collaborative through the Office for Academic Affairs. April 15th, 2015.

Blackboard Collaborate Fundamentals. Workshop facilitated by the College of Continuing Studies. April 1st, 2014

Getting Started with Blackboard Learn. Workshop facilitated by the Faculty Resource Center at UA. August 28th, 2013

First Year Faculty Seminar on Legal and Ethical Issues in Teaching. Hosted by the College of Arts and Sciences. October 22nd, 2013.

College of Agriculture and Life Sciences workshop on online teaching. Workshop taken at University of Arizona, Fall 2008.

Research Development

Secondary Data Analysis. Hosted by the Capstone College of Nursing Colloquia Series and facilitated by Dr. John Higginbotham. March 17th, 2018

Longitudinal SEM Workshop. Hosted by the College of Human Environmental Sciences and facilitated by Dr. Noel Card. May 14th-15th, 2015.

Networking event: Working with Military Service Members, Veterans, and their Families. Hosted by the University of Alabama to bring together faculty interested in conducting research on Service members and their Families. April 15th, 2014.

First Year Faculty Seminar on Resources Available at UA. Hosted by the College of Arts & Sciences. August 27th, 2013.

MEDIA COVERAGE

^GCooper, A., **Totenhagen, C. J.**, ^GMcDaniel, B. T., & Curran, M. A. (in press). Volatility in daily relationship quality: The role of attachment. *Journal of Social and Personal Relationships*. doi: 10.1177/0265407517690038

- Invited Podcast:
 - *Relationship Matters Podcast Number 62*, March, 2017
 - <http://journals.sagepub.com/page/spr/podcasts/relationship-matters>
- Select National and International Online Features:
 - *Florida State University News*, June 12th, 2017
 - <https://news.fsu.edu/news/health-medicine/2017/06/12/riding-romantic-roller-coaster-relationship-anxiety-may-blame/>
 - *Psych Central*, June, 2017
 - <https://psychcentral.com/news/2017/06/20/relationship-anxiety-may-hinder-long-term-bond/>
 - *Science Daily*, June 19th, 2017
 - <https://www.sciencedaily.com/releases/2017/06/170619105352.htm>
 - *U.K. Daily Mail*, June 20th, 2017
 - <http://www.dailymail.co.uk/sciencetech/article-4618708/Needy-girlfriends-male-partners.html>

Totenhagen, C. J., Butler, E. A., Curran, M. A., & Serido, J. (2016). The calm after the storm: Relationship length as associated with couples' daily variability. *Journal of Social and Personal Relationships*, *33*, 768-791. doi: 10.1177/0265407515597562

- Invited Podcast:
 - *Relationship Matters Podcast Number 48*, October, 2015.
 - http://spr.sagepub.com/site/podcast/podcast_dir.xhtml

Totenhagen, C. J., Serido, J., Curran, M. A., & Butler, E. A. (2012). Daily hassles and uplifts: A diary study on understanding relationship quality. *Journal of Family Psychology*, *26*, 719-728.

- *Good Therapy*, "How do daily highs and lows affect relationships?" November 12th, 2012
 - <http://www.goodtherapy.org/blog/uplift-relationship-quality-commitment-1112123>

Totenhagen, C. J., Curran, M. A., Serido, J., & Butler, E. A. (2013). Good days, bad days: Do sacrifices improve relationship quality? *Journal of Social and Personal Relationships*.

- Brain Matters radio show, WVUA, March 31st, 2015
- Invited Podcast:
 - *Relationship Matters Podcast Number 22*, April 30th, 2013.
 - <http://spr.sagepub.com/content/suppl/2013/04/25/0265407512472475.DC1>
- Select National and International Online Features:
 - *The Date Report*, October 30th, 2013
 - <http://www.thedatereport.com/dating/advice/8-ways-science-can-improve-your-relationship/>
 - *Science of Relationships*, April 30th, 2013
 - <http://www.scienceofrelationships.com/home/2013/4/30/do-the-daily-sacrifices-we-make-in-relationships-make-us-hap.html>
 - *UA News*, April 30th, 2013
 - <http://www.uanews.org/story/good-days-bad-days-when-should-you-make-sacrifices-in-a-relationship>

- *Science Daily*, April 30th, 2013
 - <http://www.sciencedaily.com/releases/2013/04/130430142136.htm>
- *Psychology Today*, April 30th, 2013
 - <http://www.psychologytoday.com/blog/love-the-numbers/201304/do-sacrifices-in-relationships-give-happiness-it-depends>
- *The Huffington Post*, May 1st, 2013
 - http://www.huffingtonpost.com/2013/05/01/relationship-compromise-sacrifice-commitment-satisfaction-study_n_3193652.html#slide=more269757
- *Cosmopolitan Magazine Online (Australia)*, May 1st, 2013
 - http://www.cosmopolitan.com.au/relationships/relationship-advice/2013/5/the-things-we-do-for-love/#.UYKLcUqk1_M
- *Medical News Today*, May 2nd, 2013
 - <http://www.medicalnewstoday.com/releases/259889.php>
- *The Times of India*, May 12th, 2013
 - http://articles.timesofindia.indiatimes.com/2013-05-12/man-woman/38957192_1_sacrifices-hassles-research-scientist
- *Prevention Magazine Online*, May 15th, 2013
 - <http://www.prevention.com/mind-body/emotional-health/stress-and-relationship-satisfaction>
- Features in Print
 - “Nice Girls Get Stressed.” *Health Magazine*, October 2013, p. 16.
 - “When loving gestures do more harm than good.” *The Daily Telegraph*, May 2nd, 2013, p. 7. (Retrieved May 15th, 2013 through Lexis Nexis Academic)
- Television Feature
 - Interview with Ryan Haarer of KVOA News 4 in Tucson, AZ, originally aired May 15th, 2013
 - Available online at:
 - <http://www.kvoa.com/videos/study-shows-your-good-deed-may-go-unnoticed-by-your-significant-other/>