

**CASEY J. TOTENHAGEN**

Human Development and Family Studies  
College of Human Environmental Sciences  
University of Alabama  
PO Box 870160  
Tuscaloosa, AL 35487-0160  
(205) 348-5067

**EDUCATION**

- Ph.D. 2011                      Family Studies and Human Development  
The University of Arizona  
Dissertation: *Daily Processes in Romantic Relationships*  
Advisor: Dr. Melissa Curran
- M.S. 2007                      Family Studies and Human Development  
The University of Arizona  
Thesis: *Sexual and Relationship Satisfaction in Gay and Lesbian  
Couples: The Roles of Daily Stress and Closeness*  
Advisor: Dr. Carl Ridley
- B.S. 2004                      Child Development and Family Science (with Honors)  
North Dakota State University

**EMPLOYMENT**

- 2013-Present    Assistant Professor, Human Development and Family Studies Department,  
The University of Alabama.
- 2011-2013      Research Scientist, Arizona Center for Research and Outreach (AZ REACH),  
Family and Consumer Sciences Extension, The University of Arizona.
- 2007-2011      Graduate Research and Teaching Associate, Family Studies and Human  
Development, The University of Arizona.
- 2005-2007      Graduate Research and Teaching Assistant, Family Studies and Human  
Development, The University of Arizona.

**HONORS AND AWARDS**

- 2012              McNair Scholars Program Achiever Award from North Dakota State University
- 2009              Outstanding Teaching Assistant in the Norton School of Family and Consumer  
Sciences, University of Arizona
- 2006-2007      Graduate College Fellowship
- 2001-2004      Phi Eta Sigma Honor Society
- 2003-2004      Dean's Student Advisory Council for the College of Human Development and  
Education at North Dakota State University
- 2003-2004      Golden Key International Honor Society

**RESEARCH INTERESTS**

Impact of stress on individual and relational well-being

Daily diary methodology

Predictors and moderators of relationship quality

Romantic relationships of various types (e.g., dating, married, cohabiting, same-sex couples)

**TEACHING INTERESTS**

Interpersonal Relationships

Marriage and Family

Program Evaluation

**PUBLICATIONS**

**\*Name Change from Murrish to Totenhagen in 2005.**

**+Denotes student collaborators (only marked after completion of Dr. Totenhagen's PhD; includes collaborators who were students at the time the work was first submitted)**

*Manuscripts Published in Peer-Reviewed Journals*

**Totenhagen, C. J.,** Butler, E. A., Curran, M. A., & Serido, J. (in press). The Calm after the Storm: Relationship Length as Associated with Couples' Daily Variability. *Journal of Social and Personal Relationships*.

Curran, M. A., +McDaniel, B. T., +Pollitt, A. M., & **Totenhagen, C. J.** (in press, available in Online First). Gender, power, emotion work, and relationship quality: A daily diary study. *Sex Roles*. doi: 10.1007/s11199-015-0495-8

\*Selected for special issue on Feminist Perspectives on Family Relationships

**Totenhagen, C. J.,** Casper, D. M., +Faber, K. M., Bosch, L. A., +Wiggs, C. B., & Borden, L. M. (2015). Youth financial literacy: A review of key considerations and promising delivery methods. *Journal of Family and Economic Issues*, 36, 167-191. doi: 10.1007/s10834-014-9397-0

+Muraco, J. A., **Totenhagen, C. J.,** +Corkery, S. A., & Curran, M. A. (2014). Reflections on family science education: The importance of technology, experience, and diversity in the classroom. *Family Science Review*, 19, 40-49.

**Totenhagen, C. J.,** Curran, M. A., Serido, J., & Butler, E. A. (2013). Good days, bad days: Do sacrifices improve relationship quality? *Journal of Social and Personal Relationships*, 30, 881-900. doi: 10.1177/0265407512472475

Young, V., Curran, M. & **Totenhagen, C.** (2013). A daily diary study: Working to change the relationship and relational uncertainty in understanding positive relationship quality. *Journal of Social and Personal Relationships*, 30, 132-148. doi: 10.1177/0265407512453826

- Totenhagen, C. J.,** Serido, J., Curran, M. A., & Butler, E. A. (2012). Daily hassles and uplifts: A diary study on understanding relationship quality. *Journal of Family Psychology, 26*, 719-728. doi: 10.1037/a0029628
- Totenhagen, C. J.,** Butler, E. A., & Ridley, C. A. (2012). Daily stress, closeness, and satisfaction in gay and lesbian couples. *Personal Relationships, 19*, 219-233. doi: 10.1111/j.1475-6811.2011.01349.x
- Totenhagen, C. J.** & Curran, M. A. (2011). Daily hassles, sacrifices, and relationship quality for pregnant cohabitators. *Family Science, 2*, 68-72. doi: 10.1080/19424620.2011.597101
- Curran, M., **Totenhagen, C.,** & Serido, J. (2010). How resources (or lack thereof) influence advice seeking on psychological well-being and marital risk: Testing pathways of the lack of financial stability, support, and strain. *Journal of Adult Development, 17*, 44-56. doi: 10.1007/s10804-009-9077-8
- Ridley, C. A., Ogolsky, B. G., Gargle, P. B., **Totenhagen, C. J.,** & Cate, R. M. (2008). Sexual expression: Its emotional context in heterosexual, gay, and lesbian couples. *The Journal of Sex Research, 45*, 305-314. doi: 10.1080/00224490802204449

#### ***Book Chapters and Encyclopedia Entries***

- Totenhagen, C. J.** (in press). Stress and Hassles. In A.E. Wenzel (Ed.), *SAGE Encyclopedia of Abnormal and Clinical Psychology*. Thousand Oaks, CA: SAGE Publications.
- Curran, M., **Totenhagen, C.,** & Serido, J. (2014). Psychological well-being, marital risk, and advice seeking. In Michalos, A. C. (Ed.), *Encyclopedia of Quality of Life and Well-Being Research* (pp. 5177-5179). Dordrecht, Netherlands: Springer.
- Randall, B., Rotenberg, K. J., **Totenhagen, C. J.,** Rock, M., & Harmon, C. (2010). A new scale for the assessment of adolescents' trust beliefs. In Rotenberg, K. J. (Ed.), *Interpersonal Trust During Childhood and Adolescence*, Cambridge, UK: Cambridge University Press.
- Serido, J., & **Totenhagen, C. J.** (2008). Stressors in adulthood. In D. Carr, R. Crosnoe, M. E. Hughes & A. Pienta (Eds.), *Encyclopedia of the Life Course and Human Development*. Farmington Hills, MI: Gale Publishing.

#### ***Manuscripts Under Review***

- Randall, A. K., **Totenhagen, C. J.,** Walsh, K. J. <sup>+</sup>, Adams, C. A. <sup>+</sup>, Tao, C. <sup>+</sup> (revise and resubmit). *Coping with gay-related stress: Effects of supportive dyadic coping on anxiety in lesbian couples*.
- Curran, M., Burke, T. J., Young, V., & **Totenhagen, C.** (revise and resubmit; revision submitted). Relational sacrifices about intimate behavior and relationship quality for expectant cohabitators. *Marriage and Family Review*.

Meek, N. A. <sup>+</sup>, **Totenhagen, C. J.**, Hawkins, S. A., & Borden, L. M. (revise and resubmit; revision submitted). Staying connected on the home front: Communication and well-being of civilian spouses during deployment. *Journal of Social and Personal Relationships*.

**Totenhagen, C. J.**, Hawkins, S. A., Casper, D. M., Bosch, L. A., Hawkey, K. R., & Borden, L. M. (revise and resubmit; revision submitted). *Retaining early childhood education workers: A review of the empirical literature*.

### ***Manuscripts in Preparation***

**Totenhagen, C. J.**, Young, V., & Curran, M. A. (in preparation). *Same-day and lagged effects of relationship sacrifices on commitment*.

Curran, M., **Totenhagen, C.**, & Young, V. (in preparation). *Impact of daily relational closeness on same-day and next-day relational ambivalence*.

Cooper, A. <sup>+</sup>, **Totenhagen, C. J.**, McDaniel, B. T., & Curran, M. A. (in preparation). *Volatility in daily relationship quality: The role of attachment*.

Muraco, J. A. <sup>+</sup>, **Totenhagen, C. J.**, & Curran, M. A. (in preparation). *A dyadic approach to liking and doing the same things: Daily Couple Activities, Preferences, and Relationship Satisfaction*.

### ***Other Research Dissemination***

**Totenhagen, C. J.**, Hawkins, S. A., Bosch, L., Casper, D., <sup>+</sup>Faber, K. M., Hawkey, K. R., Wiggs, C. B. <sup>+</sup>, & Borden, L. M. (2013). *Integrated Social Service Delivery: Applications for Military Family Readiness Programs*. Reported submitted to the U.S. Department of Defense, May, 2013.

**Totenhagen, C.**, Casper, D., Bosch, L., Arias, W., <sup>+</sup>Faber, K. M., Hawkey, K. R., <sup>+</sup>Jones, A., Wiggs, C. B., & Borden, L. (2013). *Financial Readiness for Youth*. Report submitted to the U.S. Department of Defense, February, 2013.

Hawkins, S. A., Koch, B., Bosch, L., Casper, D. M., **Totenhagen, C.**, Schlomer, G., Arias, W., Wiggs, C. B., & Borden, L. M. (2012). *Putting research to work: 23 short research briefs developed for the Department of Defense*. Washington, D. C. Retrieved from <http://reachmilitaryfamilies.arizona.edu>

Hawkins, S., **Totenhagen, C.**, Arias, W., Schlomer, G., Koch, B., Wiggs, C. Bosch, L., Casper, D., Fletcher, S., Langbert, L., Spaeth, J., & Borden, L. (2012). *Child Care: A Review of Cost, Availability, and Quality*. Report prepared by the Arizona Center for Research and Outreach, March, 2012.

**Totenhagen, C.**, Hawkins, S., Casper, D., Wiggs, C., Hawkey, K., Bosch, L., Koch, B., Langbert, L., Jones, A., Fletcher, S., & Borden, L. (2012). *Issues Facing the Child Care*

*Workforce: Motivations for Entry and Retention in the Field*. Report submitted to the U.S. Department of Defense, September, 2012.

**Murrish, C. J.\*** (2005). Undergraduates' attitudes toward the roles of working married men and women. *McNair Scholars Research Journal, North Dakota State University, 6*, 12-15.

## SCHOLARLY PRESENTATIONS

### *Peer-Reviewed Presentations*

**Totenhagen, C. J.**, Randall, A. K., +Cooper, A., +Jones, N., & +Schouest, L. (2015, November). *Stress spill-over in same-sex couples: Concurrent and lagged daily effects*. Paper to be presented at the National Council on Family Relations, Vancouver, Canada.

+Cooper, A., **Totenhagen, C. J.**, Curran, M. A., Randall, A. K., +Smith, N. E. (2015, November). *Daily relationship quality in same-sex couples: Attachment and sacrifices*. Poster to be presented at the National Council on Family Relations, Vancouver, Canada.

+Tao, C., +Walsh, K. J., Randall, A. K., & **Totenhagen, C. J.** (2015, November). *Same-sex couples' anxiety: Effects of dyadic coping and interracial status*. Paper to be presented at the National Council on Family Relations, Vancouver, Canada.

Kamp Dush, C. M & Rauer, A. (session organizers)(2015, November). *A developmental perspective on couples in conflict*. Symposium to be presented at the National Council on Family Relations, Vancouver, Canada.  
Discussant: **Casey Totenhagen**.

+Tao, C., +Walsh, K. J., +Howell, M. C., Randall, A. K., & **Totenhagen, C. J.** (2015, August). *Effects of internal stress on depression in same-sex couples: Moderating effects of dyadic coping*. Poster to be presented at the annual meeting of American Psychological Association, Toronto, Canada.

+Walsh, K. J., +Tao, C., +Howell, M., Randall, A. K., & **Totenhagen, C. J.** (2015, August). *Outside in: Spillover effects of external stress on internal stress in same-sex relationships*. Poster to be presented at the annual meeting of American Psychological Association, Toronto, Canada.

+Borders, J. I., +Tao, C., +Walsh, K., Randall, A. K., & **Totenhagen, C.** *Negative Effects of Internalized Homophobia on the Relation between Dyadic Coping and Relationship Satisfaction in Same-Sex Couples*. Poster to be presented at the Society of Counseling Psychology (APA Division 17) Student Poster Session, Toronto, CA, August 2015.

Randall, A.K., **Totenhagen, C. J.**, & +Walsh, K. J, +Adams, C., & +Tao, C. (2015, June). *Coping with gay-related stress: Effects of supportive dyadic coping on anxiety in lesbian couples*. Paper at the International Association for Relationship Research Mini-Conference, New Brunswick, NJ.

- +Tao, C., +Walsh, K. J., +Howell, M., Randall, A.K., **Totenhagen, C. J.**, & Holley, S. R. (2015, June). *Supportive dyadic coping moderates negative effects of gay-related stress and difficulties in emotion regulation in same-sex couples*. Paper presented at the International Association for Relationship Research Mini-Conference. New Brunswick, NJ.
- Holley, S. R., +Wagner, S., Randall, A. K., & **Totenhagen, C.** (2015, February). *The relationship between emotion regulation skills and dyadic coping*. Poster presented at the Society for Personality and Social Psychology Annual Convention, Long Beach, CA.
- +Bragg, A., +Cooper, A. N., **Totenhagen, C. J.**, Wilmarth, M. J., & Randall, A. K. (2015, February). *Examining sources of stress in same-sex parents*. Paper presented at the Alabama Association of Family & Consumer Sciences, Hoover, AL.
- Totenhagen, C. J.**, Randall, A. K., +Cooper, A., +Adams, C. B., Ferreras, D. C., +Howell, M., & +Walsh, K. J. (2014, November). *It's OUTside our relationship: Effects of outness on stress in same-sex relationships*. Paper presented at National Council on Family Relations, Baltimore, MD.
- +Cooper, A., +McDaniel, B., **Totenhagen, C.**, & Curran, M. (2014, November). *Volatility in Daily Relationship Quality: The role of attachment*. Poster presented at National Council on Family Relations, Baltimore, MD.
- Burke, T., Young, V., **Totenhagen, C.**, & Curran, M. (2014, November). *Relational Sacrifices about Intimate Behavior and Relationship Quality for Expectant Cohabiters*. Paper presented at the National Communication Association 2014 Conference, Chicago, IL.
- Totenhagen, C. J.**, Casper, D. M., +Wiggs, C. B., & Borden, L. (2013, November). *Youth financial literacy: Best practices*. Poster presented at the National Council on Family Relations, San Antonio, TX.
- Casper, D. M., **Totenhagen, C. J.**, +Wiggs, C. B., & Borden, L. (2013, November). *Youth financial literacy: Evidence-based programs and effective delivery methods*. Poster presented at National Council on Family Relations, San Antonio, TX.
- +Tolhurst, N., **Totenhagen, C.**, Hawkins, S. A., & Borden, L. (2013, November). Communication and well-being during deployment: Curvilinear associations. In S. A. Hawkins (Chair), *Resilience, Communication, Coping, and Support in Today's Military Families*. Paper presented in a symposium at National Council on Family Relations, San Antonio, TX.
- \*\*\* I served as presenter for this paper as well as the discussant for the overall symposium.
- +Muraco, J., **Totenhagen, C. J.**, & Curran, M. A. (2013, November). *Preferences: A Daily Study of Couple Shared Activities and Satisfaction*. Poster presented at the National Council on Family Relations, San Antonio, TX.

- Totenhagen, C. J., & Curran, M. A.** (2013, October). *Did my Partner Notice? Daily Sacrifices and Commitment*. Paper presented at the International Association for Relationship Research Mini-Conference, Louisville, KY.
- Totenhagen, C. J., Hawkins, S. A., Arias, W., & Borden, L.** (2012, November). *Employer-Sponsored Child Care Benefits and Employee Outcomes*. Poster presented at the National Council on Family Relations, Phoenix, AZ.
- Totenhagen, C., Curran, M., & Young, V.** (2012, November). *Relational Sacrifices and Commitment: A Daily Diary Study*. Poster presented at the National Council on Family Relations, Phoenix, AZ.
- Totenhagen, C., Katz, M. Butler, E., & Curran, M.** (2011, November). *Daily variability in relational experiences*. Paper presented at the National Council on Family Relations, Orlando, FL.
- Totenhagen, C., Curran, M., & Butler, E.** (2010, November). *Daily hassles, sacrifices, and relationship quality in pregnant cohabitators*. Poster presented at the National Council on Family Relations, Minneapolis, MN.
- Curran, M., Young, V., **Totenhagen, C., & Corkery, S.** (2009, November). *Comparison of relational sacrifices across relationship stages*. Poster presented at The National Council on Family Relations, San Francisco, CA.
- Randall, B. A., Rotenberg, K. J., **Totenhagen, C. J., Rock, M., & Harmon, C.** (2009, April). *Late adolescents' trust in mothers and fathers: Associations with family processes*. Poster presented in the symposium "When aspects of trust collide: Multi-national research on discrepancies in trust" at the Society for Research in Child Development Biennial Meeting, Denver: CO.
- Totenhagen, C. J., Ridley, C. A., & Butler, E. A.** (2008, July). *The daily interplay of stress, closeness, and relationship satisfaction in gay and lesbian couples*. Paper presented at the International Association for Relationship Research Conference, Providence, RI.
- Ridley, C. A., Gargle, P. B., & **Totenhagen, C. J.** (2008, July). *How do we make it work?: Daily co-occurrence of conflict and sex in same-sex couples*. Paper presented at the International Association for Relationship Research Conference, Providence, RI.
- Curran, M. A., & **Totenhagen, C.** (2007, November). *Support and strain from the spouse, family, and friends: Predictions to advice seeking and mental and physical health for those with low finances*. Paper presented at the National Council on Family Relations, Pittsburg, PA.
- Totenhagen, C. J., Ogolsky, B. G., Cate, R., Ridley, C. A.** (2006, November). *The role of sexual communication in gay and lesbian relationships*. Poster presented at the National Council on Family Relations Annual Conference, Phoenix, AZ.

Ridley, C., Ogolsky, B., **Totenhagen, C.**, & Gargle, P. (2006, July). *Is it good when it's bad?: The effects of negative feelings on sexual expression*. Paper presented at the biannual meeting of the International Association for Relationship Research, Rethymnon, Crete, Greece.

### ***Invited and Non Peer-Reviewed Presentations***

Randall, A.K. & **Totenhagen, C. J.** (forthcoming July, 2015). *Interpersonal emotion dynamics of same-sex couples in the U.S. experiencing stress*. Symposium paper to be presented at the annual meeting of the European Congress of Psychology, Milan, Italy.

+Schouest, L., & **Totenhagen, C. J.** (2015, April). *Daily stressors of same-sex couples*. Poster presented at the Undergraduate Research and Creative Activity Day, Tuscaloosa, AL.  
\*\*\*4<sup>th</sup> Place winner in CHES

**Totenhagen, C. J.** (2015, March). *Stress and romantic relationships: Where I've been and ideas for moving forward*. Invited presentation to the Alabama Research Institute on Aging at the University of Alabama.

**Totenhagen, C. J.** (2014, November). *Stress and Romantic Relationships: Eroding and Protecting Factors in Daily Experiences*. Invited colloquium presented to the Department of Human and Community Development at the University of Illinois at Urbana-Champaign.

Fletcher, S., Hawkey, K., **Totenhagen, C.**, Jones, A., Dean, T., Simpson, W., Wiggs, C. B., & Borden, L. (2012, August). AZ REACH: Building capacity through research, outreach, and technology. Poster presented at the 2012 University of Arizona College of Agriculture and Life Sciences Extension Conference, Tucson, AZ.

**Totenhagen, C. J.** (2007, May). *Sexual and relationship satisfaction in gay and lesbian couples: The roles of daily stress and closeness*. Paper presented to Health, Emotions, and Relationships, University of Arizona, Tucson, Arizona.

**Murrish, C. J.**,\* Randall, B.A., & Lang, A. (2004, May). *The links between multiple relationships and types of adolescent competence*. Paper and poster presented at the McNair Program Research Presentations Forum at North Dakota State University, Fargo, ND.

**Murrish, C. J.**\* (2003, April). *Undergraduates' attitudes toward the roles of working men and women*. Paper presented at the McNair Program Research Presentations Forum at North Dakota State University, Fargo, ND.

**Murrish, C. J.**\* (2003, August). *Undergraduates' attitudes toward the household roles of working men and women*. Poster presented at the Ronald E. McNair Research Conference, Pennsylvania State University, University Park, PA.



## GRANTS AND FUNDING

### *In Preparation*

Dyadic self-management of care and health disparities in same-sex couples with a chronic condition. *R-15 grant in preparation to be submitted to NIA with anticipated submission date of October 15<sup>th</sup>, 2015.*

### *Completed*

Effects of daily stress on same-sex relationships: Understanding vulnerabilities, resilience, and dyadic coping. *National Council on Family Relations Innovation Grant*. Total Award \$9,853 (Alabama Portion \$5,470). PIs **Casey J. Totenhagen** (University of Alabama) & Ashley K. Randall (Arizona State University). 11/2013-11/2014.

### *Funded grants from non-PI roles (Assisted with write-up as part of Graduate RA role)*

A longitudinal examination of physical well-being for women with breast cancer: The impact of intensity of treatment, the spouse as a confidant, and acceptance of emotion. *American Cancer Society Institutional Research Grants*. 7/1/09 to 6/30/10. PI Melissa Curran.

Financial instability, health, and marital risk: How important are different types of support from family versus others? *Take Charge America Institute*. 1/2007 – 5/2007. PI Melissa Curran.

### *Travel Awards in Graduate School*

2010	Graduate and Professional Student Council Travel Award
2010	Department of Family Studies and Human Development Travel Award
2008	Graduate and Professional Student Council Travel Award
2008	Department of Family Studies and Human Development Travel Award
2006	Department of Family Studies and Human Development Travel Award

## TEACHING CREDENTIALS AND EXPERIENCE

### *Certificate in College Teaching*

Completed Fall 2008. Involved coursework in learner-centered teaching with special emphasis in college-level teaching, as well as supervised teaching (e.g., observations and feedback by staff at the University Teaching Center and faculty from my department). This teaching certificate was awarded through the additional classes I took as part of my College Level Teaching minor.

### *Graduate Classes taken specific to teaching*

Learner Centered Teaching (Fall 2007)  
Teaching at the College Level (Fall 2007)  
Observed Teaching (Fall 2008)

### *Teaching Experience at the University of Alabama*

Fall 2014	Interpersonal Relationships (HD 462) Student Rating of Course 4.16/5.0 Student Rating of Instructor 4.45/5.0
	Program Evaluation (HD 472—ONLINE)

Student Rating of Course 3.64/5.0  
 Student Rating of Instructor 4.19/5.0

Spring 2014

Program Evaluation (HD 472)  
 Student Rating of Course 3.46/5.0  
 Student Rating of Instructor 3.96/5.0

Program Evaluation (HD 472--ONLINE)  
 Student Rating of Course 3.25/5.0  
 Student Rating of Instructor 4.00/5.0

Special Problems in Program Evaluation (HD 591-006)  
 Student Rating of Course NA  
 Student Rating of Instructor NA

Fall 2013

Program Evaluation (HD 472)  
 Student Rating of Course 3.31/5.0  
 Student Rating of Instructor 3.85/5.0

***Sole-teaching Experience at the University of Arizona***

Summer 2010 Dynamics of Family Relations (FSHD 257)  
*Delivered in Online Format*  
 Student Rating 4.6/5.0

Summer 2008 Lifespan Family Relations (FSHD 137)  
 Student Rating 4.7/5.0

***Co-teaching Experience at the University of Arizona***

Summer 2009 Dynamics of Family Relations (FSHD 257)  
*Delivered in Online Format*  
 Student Rating 4.5/5.0

Summer 2008 Dynamics of Family Relations (FSHD 337)  
 Student Rating 4.1/5.0

Summer 2007 Dynamics of Family Relations (FSHD 337)  
 Student Rating 4.3/5.0

Summer 2007 Lifespan Family Relations (FSHD 137)  
 Student Rating 4.7/5.0

***Teaching Assistantships at the University of Arizona***

Fall 2009 Multilevel Modeling (FSHD 617C)

Fall 2008/Fall 2009	Close Relationships (FSHD 237)
Spring 2008/Spring 2009/ Spring 2010	Problems in Human Dev. and Family Relations (FSHD 427)
Fall 2006/Spring 2009	Dynamics of Family Relations (FSHD 337)
Fall 2005/Spring 2006/ Fall 2007	Advanced Family Relations (FSHD 487)
<b><i>Guest Lectures</i></b>	
Fall 2011	<i>Describing Quantitative Data</i> Research Methods in Social Work (SWU 320) Arizona State University School of Social Work
Fall 2009	<i>Cohabitation</i> Close Relationships (FSHD 237) University of Arizona
Spring 2009	<i>Becoming a Family—Having Children</i> Dynamics of Family Relations (FSHD 257) University of Arizona
Spring 2008/Spring 2009	<i>Relationship Dynamics and Stress and Coping</i> Problems in Human Dev. and Family Relations (FSHD 427A) University of Arizona
Spring 2006/Fall 2007	<i>Equity in Relationships</i> Advanced Family Relations (FSHD 487) University of Arizona

**STATISTICAL SKILLS*****Statistical Expertise***

Use of SAS, SPSS, and R

Expertise in the use of multilevel modeling for dyadic and daily diary methods

***Advanced Statistical Training***

- 2012 Attended Workshop series on the statistical program R
- 2008 Audited graduate course on Structural Equation Modeling (SEM)
- 2007 Graduate course on Multilevel Modeling
- 2007 Graduate course on Dyadic Data Analysis

**SERVICE AND MEMBERSHIPS*****Service to the Profession***

- 2015-Present Associate Designated Campus Colleague (DCC)  
Family and Consumer Sciences, The University of Arizona

2013-Present Service Member to Civilian National Summit planning committee.  
Families and Children theme-track member

2012-Present National Council on Family Relations conference proposal reviewer.  
Family Science and Research and Theory sections.

***Service to the University of Alabama***

2013-Present SafeZone Ally. Completed training October 16<sup>th</sup>, 2013 and continue to  
serve as an ally for LGBTQ students on the UA campus.

***Service to the College of Human Environmental Studies***

2013-Present Productive Research and Scholarly Activity: Research Committee,  
member.

***Service to the Department of Human Development and Family Studies***

2013-Present Assessment and Curriculum Working Group, member

2014-Present Strategic Plan Working Group, member

2013-Present Associate Member of the Graduate Faculty

2013-Present UA Children's Program Parent Advisory Committee, member

***Memberships***

2014-Present Faculty Associate, Center for Mental Health and Aging/Alabama Research  
Institute on Aging (UA)

2012-2015 Society for Personality and Social Psychology

2012-Present Social Psychology Network

2008-Present International Association for Relationship Research

2005-Present National Council on Family Relations

***Citizenship at the University of Arizona***

2009 Graduate Representative to the Faculty Committee, Family Studies  
Student Roundtable

2008 President, Family Studies Student Roundtable

2007 Social Chair, Family Studies Student Roundtable

2006 Secretary, Family Studies Student Roundtable

2005-2011 Active Member, Family Studies Student Roundtable

2000-2003 Treasurer, Vice President, Child Development and Family Science Club

***Ad Hoc Reviews***

*Journal of Family Psychology*

*Journal of Marriage & Family*

*Personal Relationships*

*Journal of Social and Personal Relationships*

*Emotion*

*Journal of Family Issues*

## **WORKSHOPS, SEMINARS, AND TRAININGS ATTENDED**

### ***Writing and Obtaining Grants***

Applying to the NIH. Workshop facilitated by Elizabeth B. Robertson through the College of Human Environmental Sciences. March 11<sup>th</sup>, 2015.

RGC Training Workshop. Workshop Facilitated through Office of the Vice President for Research and Economic Development. December 18<sup>th</sup>, 2014.

Junior Investigators Program. Bi-weekly workshop series and mentorship program on writing and obtaining NIH grants. 2013/2014

NIH Grant Writing 101. Workshop facilitated by Steven M. Kogan at the 2013 National Council on Family Relations annual conference. November 8<sup>th</sup>, 2013.

Identifying Funding Opportunities. Workshop Facilitated by OSP at UA. September 26<sup>th</sup>, 2013.

### ***Teaching Development***

EAB Student Success Collaborative. Workshop facilitated by EAB Student Success Collaborative through the Office for Academic Affairs. April 15<sup>th</sup>, 2015.

Blackboard Collaborate Fundamentals. Workshop facilitated by the College of Continuing Studies. April 1<sup>st</sup>, 2014

Getting Started with Blackboard Learn. Workshop facilitated by the Faculty Resource Center at UA. August 28<sup>th</sup>, 2013

First Year Faculty Seminar on Legal and Ethical Issues in Teaching. Hosted by the College of Arts and Sciences. October 22<sup>nd</sup>, 2013.

College of Agriculture and Life Sciences workshop on online teaching. Workshop taken at University of Arizona, Fall 2008.

### ***Research Development***

First Year Faculty Seminar on Resources Available at UA. Hosted by the College of Arts & Sciences. August 27<sup>th</sup>, 2013.

## **MEDIA COVERAGE**

**Totenhagen, C. J.**, Serido, J., Curran, M. A., & Butler, E. A. (2012). Daily hassles and uplifts: A diary study on understanding relationship quality. *Journal of Family Psychology*, 26, 719-728.

- *Good Therapy*, "How do daily highs and lows affect relationships?" November 12<sup>th</sup>, 2012
  - <http://www.goodtherapy.org/blog/uplift-relationship-quality-commitment-1112123>

**Totenhagen, C. J.**, Curran, M. A., Serido, J., & Butler, E. A. (2013). Good days, bad days: Do sacrifices improve relationship quality? *Journal of Social and Personal Relationships*.

- Brain Matters radio show, WVUA, March 31<sup>st</sup>, 2015

- Invited Podcast:
  - *Relationship Matters Podcast Number 22*, April 30<sup>th</sup>, 2013.
    - <http://spr.sagepub.com/content/suppl/2013/04/25/0265407512472475.DC1>
- Select National and International Online Features:
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